

Powered by Alpha Theta, also known as Pioneer DJ, founder of The Rogue Room, Rosie Hall, welcomes you to Ibiza for a unique Off-Grid experience under the name "Sound for Flow."

An extraordinary 5-night exploration of music-driven practices to propel your flow state.

Program:

* Music-driven Vinyasa Flow

* Yin & Music Meditation

* Walking Music-Led Meditation

* Flow-Run to Restore

* Immersive Final Practice (To Be Announced)

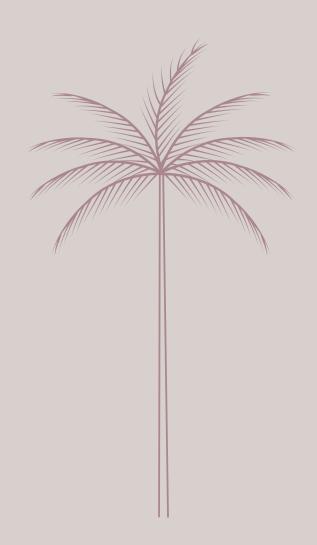
Held in a 400-year-old monastery nestled in the northeast of Ibiza. Surrounded by panoramic views, cascades, fish ponds, two swimming pools, a yoga shala with breathtaking

MOOA ROGUE 8th June for 5 nights Sound for Flow Immersion with Rosie Hall Ibiza Powered by Alpha Theta









Powered by Alpha Theta, The Rogue Room will reimagine this extraordinary sacred space with sound as our founding principle and some extra Rogue magic.

To confirm 50% non-refundable deposit required, spots reserved on a first come first served basis.

Pricing:

*£1780.00 for Triple or Twin Standard

*£1850.00 for Twin with Ensuite Luxe

*£1950.00 for Twin with Ensuite & Private Terrace Superior (all beds are doubles)

Included:

* 2 daily music-led practices * 1 x 30-minute Reiki Session

* 1 x post practice Vegan Meal prepared by our in-house chef * Access to the closing practice TBA

* Some surprises to follow

(Flights are NOT included)