



THE MOOR ROOM  
ROGUE #11

# Off Grid

8th June for 5 nights

Sound for Flow Immersion  
with Rosie Hall  
Ibiza

Powered by Alpha Theta



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WOOD ROUGE EHL

# Off Grid



Powered by Alpha Theta, also known as Pioneer DJ, founder of The Rogue Room, Rosie Hall, welcomes you to Ibiza for a unique Off-Grid experience under the name “Sound for Flow.”

An extraordinary 5-night exploration of music-driven practices to propel your flow state.

**Program:**

- \* Music-driven Vinyasa Flow
- \* Yin & Music Meditation
- \* Walking Music-Led Meditation
- \* Flow-Run to Restore
- \* Immersive Final Practice (To Be Announced)

Held in a 400-year-old monastery nestled in the northeast of Ibiza. Surrounded by panoramic views, cascades, fish ponds, two swimming pools, a yoga shala with breathtaking

MOOR ROGUE III

# Off Grid

8th June for 5 nights

Sound for Flow Immersion  
with Rosie Hall  
Ibiza

Powered by Alpha Theta



THE MOOR ROOM  
MOOR HOQUEEHI

# Off Grid



THE ROUGH ROOM

# Off Grid



**June 8th 5 nights**

Sharing accommodation including 1 daily meal, twice daily yoga, 1 x 30 min Reiki session. All beds are queen or double, most offered with ensuite, superior are offered with terrace.





Powered by Alpha Theta, The Rogue Room will reimagine this extraordinary sacred space with sound as our founding principle and some extra Rogue magic.

To confirm 50% non-refundable deposit required, spots reserved on a first come first served basis.

#### Pricing:

- \* £1780.00 for Triple or Twin Standard
- \* £1850.00 for Twin with Ensuite Luxe
- \* £1950.00 for Twin with Ensuite & Private Terrace Superior (all beds are doubles)

#### Included:

- \* 2 daily music-led practices
- \* 1 x 30-minute Reiki Session
- \* 1 x post practice Vegan Meal prepared by our in-house chef
- \* Access to the closing practice TBA
- \* Some surprises to follow

(Flights are NOT included)